



## DOLL CLOTHING TUTORIAL TO SUPPORT THE PROJECT KIN DOLL

A step by step tutorial to help you make doll clothing from Project KIN patterns.

### WHY DOLLS



We love that a doll can be more than just a toy. It can be someone to talk to, spend time with, play and cuddle. A companion in a hurting and sometimes lonely world. Dolls speak a universal language. Where feelings of sadness, hurt and loneliness lie, we pray our dolls can bring comfort, happiness, fun and joy. Project KIN dolls are not hand-me downs or store bought, but each have been uniquely and beautifully created by volunteers.

### WHERE TO SEND YOUR COMPLETED ITEMS

All Project KIN dolls, their clothing and accessories are to be collected at our Sydney office before being distributed.

Please send your items to:

**Project KIN PO Box 1467 Macquarie Centre, NSW 2113**

Want to hand deliver? Please contact us if you'd like to hand deliver your items to us at one of our Sydney drop off points.



We are so thankful for your help!

If you have any questions or comments about this pattern, or need any help along the way please do not hesitate to contact our team via email [admin@sewingforcharity.com](mailto:admin@sewingforcharity.com) or in our Facebook group <https://www.facebook.com/groups/sewingforcharityaus/>

## Pattern Notes

- have been designed to fit a finished doll measuring 56cm (22") tall.
- include a ¼" seam allowance, unless otherwise stated.
- are formatted for printing as 'actual size' on your printer.

Please use the 1" test square on your pattern to ensure it is printed to correct scale before cutting any fabric.

## Choking Hazard

Although we won't be gifting dolls to children under the age of 3, we do want to remain mindful of any little ones (siblings or friends) who may have contact with our dolls. For this reason, we kindly ask that no buttons, beads or other similar sized embellishments be added to our dolls.

## Copyright

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## Special Thanks




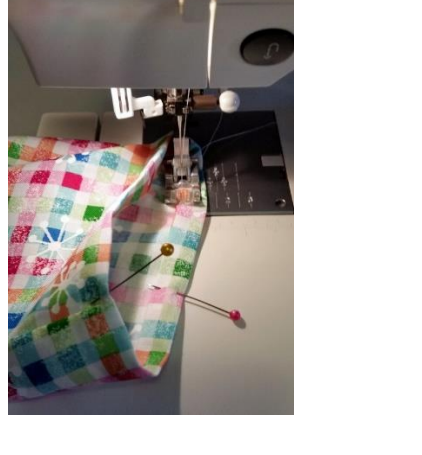

A HUGE thank you to Jeano Hawke for helping us put together this clothing tutorial resource! You're an absolute gem! You have done a wonderful job digitising some of the patterns for us too- including the latest version of the shirt, drawstring backpack and the undies.

We are always thankful to the wonderful Lauren from Tadah Patterns for creating our doll tutorial and for digitising our doll, dress, shorts, original shirt and side bag patterns for us! You have a kind and generous heart!




Thank you to Ann Webb for helping us develop patterns- in particular the shirt and backpack and for being so incredibly helpful throughout the ongoing testing process.

Thank you to Jan Kneeshaw for keeping our dolls warm with your underwear pattern.

## Dress Instructions

1		<p>Pin out your pieces. Take note of the fold line.</p> <p>Cut.</p>
2		<p>Fold top of dress <math>\frac{1}{4}</math>" and then again <math>\frac{1}{2}</math>" Repeat for the other dress piece.</p> <p>Press. Unfold for the moment.</p>
3		<p>Pin side seams and stitch.</p> <p>Overlock or zigzag stitch raw edges.</p> <p>Turn right side out.</p>
4		<p>Refold the top hem you created in step 2.</p> <p>Beginning at the back, stitch around the top of the dress remembering to leave a 1" gap to get the elastic in.</p>
5		<p>Using the pattern piece, find the strap positions and mark with pins.</p> <p>Tip: Mark the left placement and then fold the dress in half to find and mark the right placement. Mark the back placements using the front two as a guide.</p>



6		<p>Pin one side first, turning 6mm of the ribbon under. Stitch carefully along casing stitching line so that you don't make the casing too small to fit the elastic in!</p>
7		<p>Fold the base of the dress up ¼" and then ½". Press. Pin in place. Stitch.</p> <p>Tip: Stitch from the inside so that you can see you are keeping close to the edge.</p>
8		<p>Cut 22cm elastic, and thread through casing using a safety pin. Make sure not to twist the elastic in the casing.</p> <p>Pull elastic through, leaving enough on both ends to overlap 1cm. Stitch together using a small zigzag stitch, or the triple stitch zigzag on your machine if you have it. Go backwards and forwards a few times to secure well!</p> <p>Don't forget to close the 1cm gap.</p> <p style="text-align: center;"><b>Congratulations! Your dress is now finished!</b></p>

# Undies Instructions

1		<p>Cut out undies.</p>
2		<p>Fold leg hem <math>\frac{1}{4}</math>" and again <math>\frac{1}{4}</math>". Press. Press waist hem <math>\frac{1}{4}</math>" and again <math>\frac{1}{2}</math>". This will form the elastic casing.  Tip: you can hem the legs now before doing the side seams, as it becomes fiddly to finish them later.</p>
3		<p>Pin front and back pieces, right sides together.  Stitch side seams.  Overlock or zigzag stitch raw edges.</p>
4		<p>If you are yet to finish the legs, refold the hem you created in step 2. Stitch around the waist hem, beginning at the back and remembering to leave a 1cm gap to put the elastic in.</p>
5		<p>If you haven't finished the leg seams, sew them now. Pin and stitch the inner leg seam. Clip as marked on pattern, taking care to not to cut the stitching. Overlock or zigzag stitch raw edge.</p>
6		<p>Turn through and press. Cut 20cm elastic, and thread through the casing using a safety pin. Make sure not to twist the elastic in the casing.</p>

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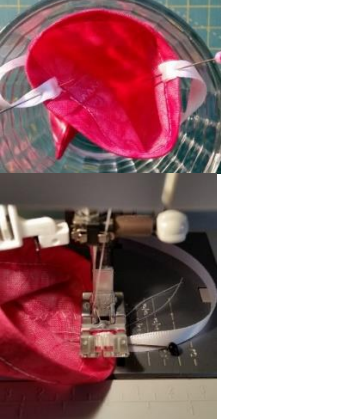



Pull through, leaving enough on both ends to overlap 1cm. Stitch together using a small zigzag stitch, or the triple stitch zigzag if you have it. Go backwards and forwards a few times to secure well!

Don't forget to close the 1cm gap.





**Well done! You have finished the undies!**

## Side Bag Instructions

1		<p>Cut out your piece.</p> <p>Fold top hem over ¼" and ¼" again.</p> <p>Press.</p> <p>Unfold for the moment.</p>
2		<p>Fold your bag, right sides facing.</p> <p>Stitch the bottom and side seams.</p> <p>Overlock or zigzag stitch raw edges.</p>
3		<p>Refold the hem you created in step 1.</p> <p>Turn right side.</p> <p>Pin.</p> <p>Stitch.</p>
4		<p>Pin straps in place, folding the ends 6mm under.</p> <p>Go backwards and forwards a few times to secure well!</p>
5		<p>Wonderful! Your bag is now finished!</p>





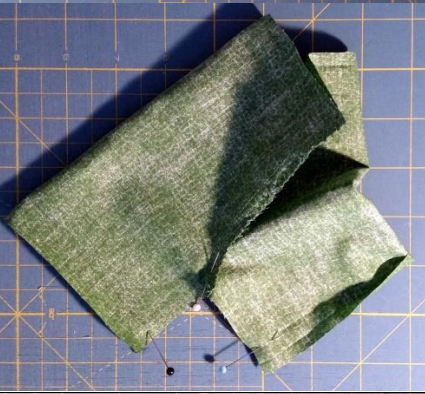

# Shirt Instructions

1	 The image shows several pieces of pattern paper on a green cutting mat. At the top, there are two instruction cards: one with a 'FOLD' line and another titled 'My Crossing Backpack' with a 'CUT' line. Below these are pattern pieces for the shirt, including a 'BACK' piece and a 'FRONT' piece, both labeled 'KIN'. There are also smaller pieces for the collar and sleeves.	<p>Pin out your pieces. Take note of the fold line on some pieces.</p> <p>Cut.</p>
2	 The image shows the pattern pieces from step 1 pinned together on a green cutting mat. The front and back pieces are pinned together at the shoulders. The collar pieces are also pinned together.	<p>Pin facing (fronts) to facing (back), right sides together.</p> <p>Pin shirt (front) to shirt (back), right sides together.</p> <p>Sew shoulder seams and overlock or zig zag stitch.</p>
3	 The image shows the collar pieces from step 2. A red dashed line indicates the stitching line. The collar is being sewn together.	<p>Stitch sides together. Press seams.</p> <p>Overlock or zigzag stitch around the outer edge of the facing.</p>
4	 The image shows the shirt pieces from step 2. The collar is now attached to the front piece. The shirt is being pressed on a green cutting mat.	<p>Press seams, checking that the facing seams go the opposite direction to the shirt seams. This will reduce bulk later.</p>

5		<p>Pin facing around the neckline, right sides facing. Tip: start pinning at the facing on the front of shirt.</p> <p>Stitch facing to shirt. Tip: Leave needle in fabric when you pivot to continue around neck line.</p> <p>Clip carefully in curves near shoulder seam, making sure you don't snip your stitching.</p>
6		<p>Turn facing through, pushing out the corners. Press carefully.</p> <p>Fold one front edge of the shirt ¼" and ¼" again. Make sure it sits nicely under facing and then press. Repeat for the other front edge.</p>
7		<p>Fold the sleeve ¼" and ¼" again. Press.</p> <p>Stitch from the back so you can make a neat hem.</p> <p>Repeat for the other sleeve</p>
8		<p>Stitch side seams. Turn right side out and press.</p> <p>Stitch up the front edge, then around the neck and back down the other side. This helps the facing sit where it should.</p>
9		<p>Fold hem at the bottom of the shirt ¼" and then again ½". Stitch.</p> <p>Press the lapels of the shirt. This keeps the end of the facing hidden.</p> <p>Position 2 velcro closures. Tip: make sure both sides of the velcro line up. Stitch into place.</p> <p style="text-align: center;"><b>Congratulations! Your shirt is finished!</b></p>







## Shorts Instructions

1		<p>Press hems on bottom of shorts, and a bigger hem on the top edge as it makes the casing for the elastic.</p> <p>Tip: you can hem the legs now before doing the side seams, as it becomes fiddly to finish them later.</p>
2		<p>Pin front and back seams together</p> <p>Stitch</p> <p>Overlock or zigzag stitch raw edges.</p>
3		<p>Taking care to have the seams opposite (less bulk than if both the same way), pin.</p> <p>Stitch the inner leg seam.</p>
4		<p>Now it gets tricky, as it is quite small and fiddly.</p> <p>Pin the hem/s in place, then turn the shorts through so that the right side is facing out.</p>

5		<p>If you haven't finished the leg seams, sew them now.</p> <p>Stitch the waist hem on the inside of the shorts, remembering to leave a 1cm gap in the casing to pull the elastic through.</p>
6		<p>Cut 22cm elastic, and thread through casing using a safety pin.</p> <p>Try not to twist the elastic in the casing.</p> <p>Pull right through, leaving enough on both ends to overlap 1cm. Stitch together using a small zigzag stitch, or the triple stitch zigzag if you have it. Go backwards and forwards a few times to secure well!</p> <p>Don't forget to close the 1cm gap.</p>
7		<p><b>Well done! Your shorts are completed!</b></p>



# Drawstring Backpack Instructions

1		<p>Cut out your piece.</p> <p>Fold the hems over twice on both ends.</p> <p>Press.</p> <p>Unfold for the moment.</p>
2		<p>Fold your backpack, right sides facing.</p> <p>Stitch, leaving a 6mm gap in the side seam as shown in the photo.</p> <p>Overlock or zigzag but remember to keep the 2 edges open, as you need to pull the laces in later on.</p>
3		<p>Pin the seam at the top.</p> <p>Stitch.</p>
4		<p>Turn right side.</p>

5



Thread shoelaces through, starting the second one from the opposite side of the backpack.

Tip: Use the end of an entire shoelace to thread it through (rather than trying to get a safety pin in the lace)

Measure the 34cm and then tie a knot in both ends.

Cut then knot the lace together.

Thread the second lace.

Measure, tie and cut the second lace, and you are done!

Tip: use a 100cm shoelace and use each end as a threader, then cut them to size.



**Wonderful!**  
**Your backpack is now finished!**