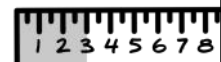
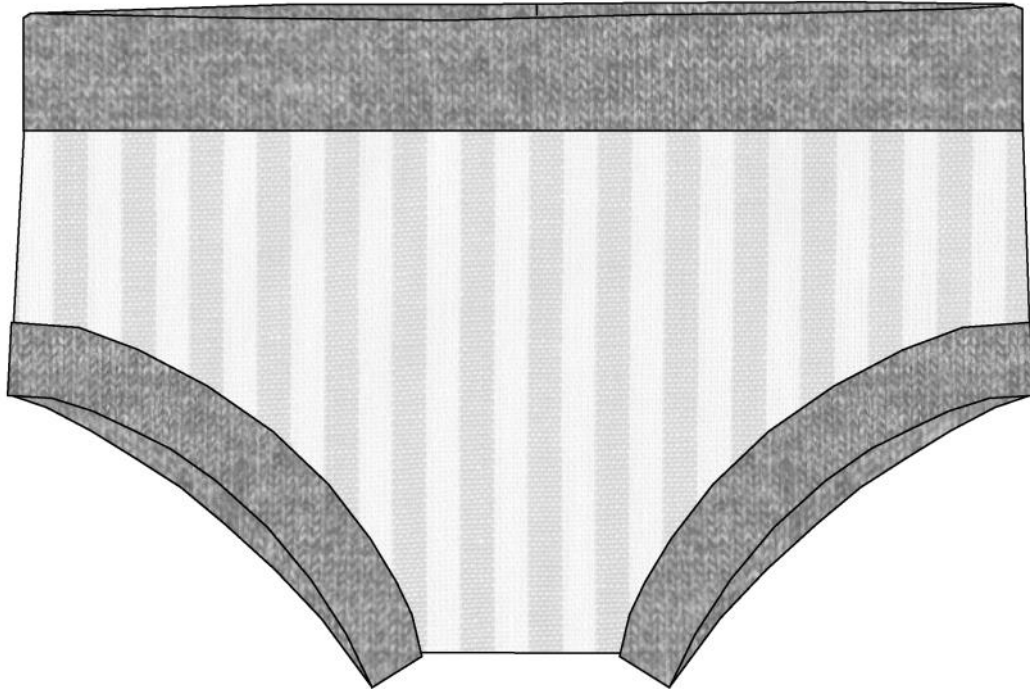


# DOLL UNDIES

Unisex



Skill



Finished Size 12x8cm / 25-30cm hips

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## Supplies:

14x16cm main knit fabric  
28x7cm knit fabric for bands

## Equipment:

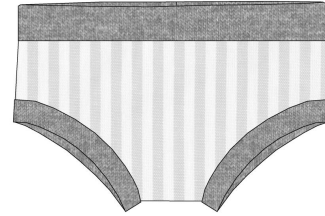
Sewing machine + thread  
Scissors or rotary cutter  
Pins or fabric clips  
Large eye sewing needle

# Story behind the design

As part of our doll range, undies are an essential item to help teach little ones the importance of dressing themselves properly by practicing with their doll.

The undies are designed to be easy for little hands to use and easy for you to sew!

- Quick to make
- Use very little fabric
- Fit multiple doll types and sizes
- Gender neutral style



This pattern is offered for free to use in the spirit of giving. I hope you enjoy making them so much, that you make more than you need and share the joy around.

The first ROAR doll undies were sewn in February 2020 on the far north coast of NSW in Australia!

## Find inspiration online

Search these hashtags online to find pictures of doll clothing & other ROAR patterns

**#sewroar #roardesigns #roardolls #roarpatterns**

Visit [www.roarpatterns.com](http://www.roarpatterns.com) to find the full pattern range, lots of info & links to the ROAR patterns Facebook & Instagram feeds to follow.

## Copyright info

The entire contents of this pattern remains the intellectual property of ROAR Patterns and must not be distributed or shared without consent from the designer.

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Do not photocopy or photograph any of the pattern pages (except the front cover).

This is a free pattern and may not be sold in any way. Copies must be obtained from the designer, not shared amongst individuals.

You are permitted to sell small quantities of finished items sewn from this pattern.  
Not for mass production.

Credit is appreciated when sharing pictures online. Use one of the above hashtags.

## What you need to know before you sew!

**FABRIC:** A stretchy knit fabric such as cotton jersey, cotton lycra or even spandex is best for the main piece of the undies. The leg and waistbands can be made from either a stretchy fabric or ribbing. It is preferable that these bands have 1.25x stretch or more. To check stretch, see if a 10cm fabric piece can stretch to at least 12.5cm wide. Directional print fabrics and large prints are not recommended.

Choose a fabric with a non-directional print that has a smaller picture. E.g. checks, floral, stripes, all-over multi-directional animals, solid colours, zig zags, spots, ombre.

**GENERAL:** These undies are best sewn on a 4 thread overlocker using a short stitch length. Ensure all directions are followed per-pattern instructions for the best result.

If using a sewing machine instead, a wide zigzag stitch can be used. Start and end all stitching by sewing forward and back at each end ignoring the overlocking thread end instructions.

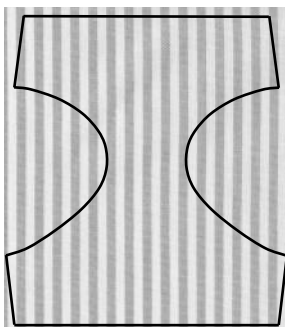
7mm seam allowance is already included in the pattern pieces.

**UPCYCLING:** As these undies are very small, it is possible to use old shirt sleeves, kids tights and other small knit garments to make little undies.

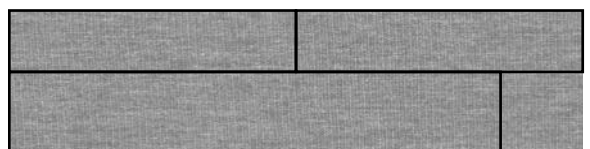
The stretch direction arrow is most important when cutting out the leg/waistbands. The < stretch > direction arrows run across the MOST stretchy fabric direction.

## Cutting Guide

16cm (high) x 14cm (wide) fabric is required to cut out the main undies pattern piece.

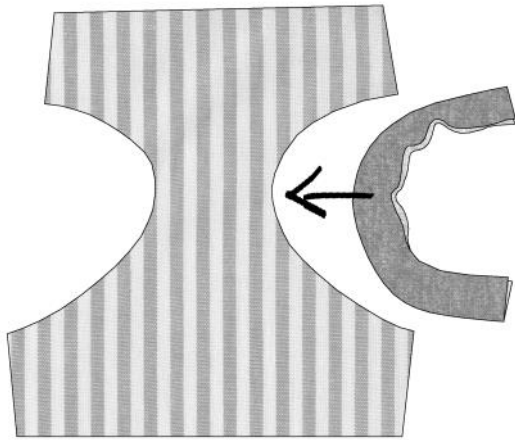


28cm (wide) x 7cm (high) is just enough to cut out the leg and waistband pieces with no wastage. Add a little extra if needed.



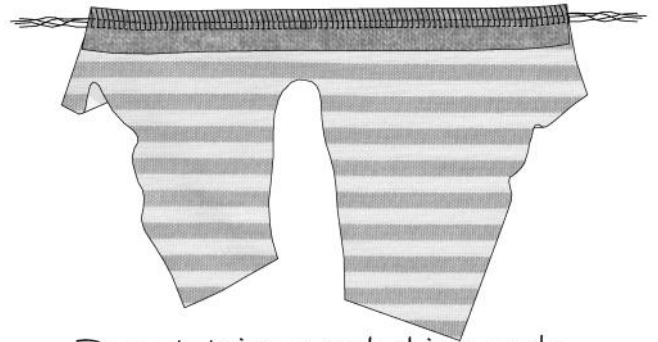
**1**

Fold a leg band in half lengthways. Pin to the right side of fabric around the leg curve, aligning all 3 raw edges.



**2**

Pull the leg band and main fabric a little so it sits straight to sew.

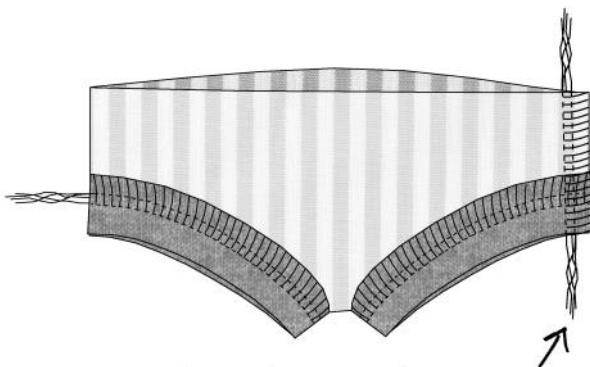


Do not trim overlocking ends.

Repeat steps 1 & 2 for the second leg band on the other leg curve.

**3**

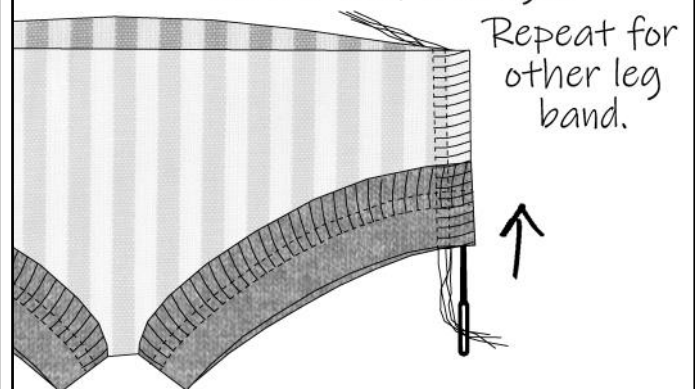
Fold the main fabric in half with top front and top back meeting, right sides together.



Sew down both sides leaving thread tails attached.

**4**

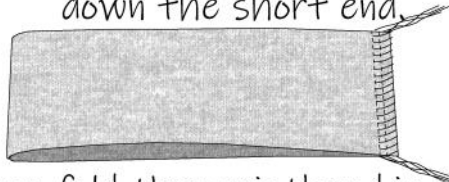
Place a needle into the leg band overlocking leaving the eye of the needle out. Thread the tails through the needle eye before pushing the needle all the way through.



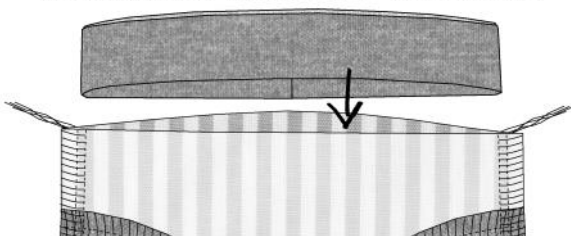
Repeat for other leg band.

**5**

Fold the waistband in half right sides together and sew down the short end.

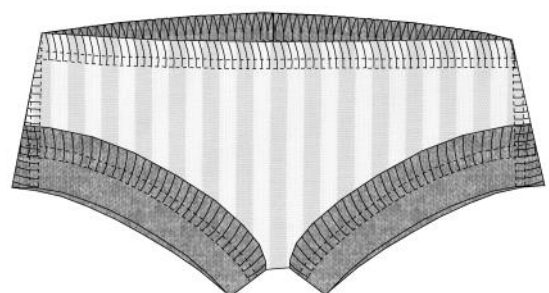


Then fold the waistband in half lengthways, right side out. Pin inside the undies with the waistband seam at the back.



**6**

Sew the waistband in, finishing 2cm past where you started. Trim threads.



Turn out the right way.  
Finished!

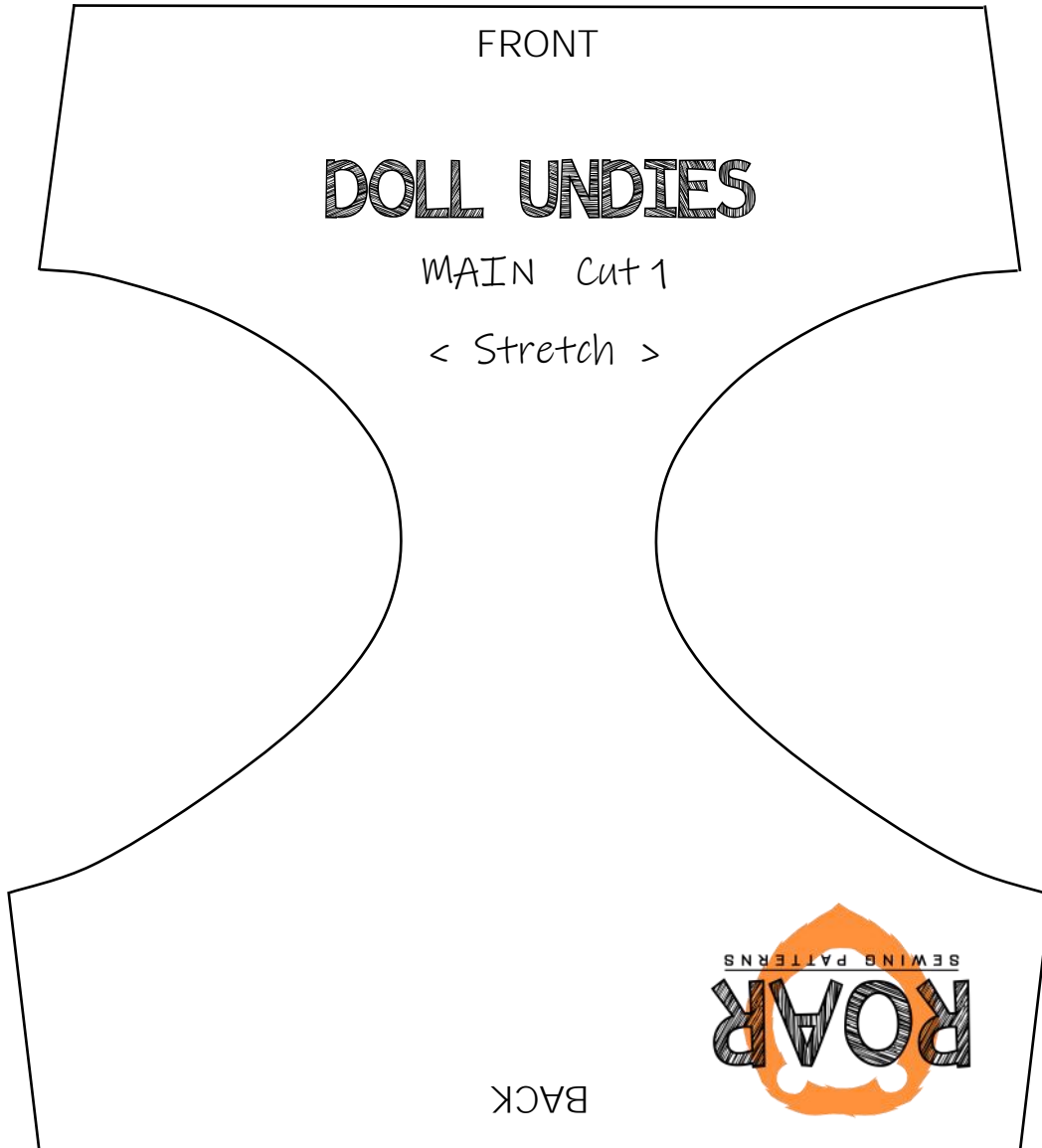


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# PRINT TEST GAUGE

This box should measure 3cm x 12cm when printed "Actual size" or "no scaling" on A4 paper.



## DOLL UNDIES

LEG BAND Cut 2

< Stretch >



## DOLL UNDIES

WAISTBAND Cut 1

< Stretch >